

## Unit 1 Spelling Words

### Lesson 1

breath  
wobble  
blister  
crush  
direct  
promise  
grasp  
numb  
hymn  
shovel  
gravity  
frantic  
swift  
feather  
comic  
bundle  
solid  
weather  
energy  
stingy

### Challenge

instruct  
distress  
summit  
massive  
physical

### Lesson 2

awake  
feast  
stray  
greet  
praise  
disease  
repeat  
display  
braces  
thief  
ashamed  
sleeve  
waist  
beneath  
sheepish  
release  
remain  
sway  
training  
niece

### Challenge

terrain  
succeed  
betray  
motivate  
upheaval

### Lesson 3

sign  
groan  
reply  
thrown  
strike  
mighty  
stroll  
compose  
dough  
height  
excite  
apply  
slight  
define  
odor  
spider  
control  
silent  
brighten  
approach

### Challenge

require,  
reproach  
defy  
plight  
opponent

### Lesson 4

glue  
flute  
youth  
accuse  
bruise  
stew  
choose  
loose  
lose  
view  
confuse  
cruise  
jewel  
execute  
route  
cartoon  
avenue  
include  
assume  
souvenir

### Challenge

conclude  
pursuit  
intrude  
subdue  
presume

### Lesson 5

ounce  
sprawl  
launch  
loyal  
avoid  
basketball  
moist  
haunt  
scowl  
naughty  
destroy  
saucer  
pounce  
poison  
August  
auction  
royal  
coward  
awkward  
encounter

### Challenge

poise  
loiter  
exhaust  
assault  
alternate